SOWING CALENDAR & INFORMATION

SOW INDOORS SOW OUTDOORS PLANT OUTSIDE

PEAS

PEPPER

PUMPKIN

RADISH

ROCKET & ORIENTAL SALAD

SWEDE

SWEETCORN

TOMATOES

TOMATOES

Week 1 Stop harvesting Asparagus.

Week 1 Harvest early Carrots sown

Week 1 Harvest early types of Peas and

Week 1 Harden off your Sweet Peppers.

Week 2 Begin to harvest Broad Beans.

Week 2 Begin to harvest your Summer

Week 2 Transplant curly Kale to it's final

Week 2 Potash feed Potatoes fortnightly.

Week 2 Begin to harvest Turnips.

Week 3 Prune main stem of ridge

Week 4 Begin weekly feed of your

Week 4 Thin Parsnip seedlings to 15cm apart.

Week 4 Harvest early types of Peas and

Week 4 Plant out Runner Beans seedlings

Week 4 Water Shallots in dry conditions.

Week 4 Plant out Squash & Pumpkins.

Mangetout started off under cloches.

Week 4 Begin to harvest Radish.

sown in pots indoors.

Week 4 Plant out Tomatoes.

Week 4 Sow Runner Beans outside.

Autumn Cauliflowers.

Week 3 Harvest your Carrots as they

Week 3 Plant Autumn Cauliflower outside.

Week 2 Thin your Swede seedlings in stages

Mangetout that were sown outdoors.

Week 1 Begin to harvest Lettuce.

Week 1 Plant out indoor grown ridge

JUNE

Cucumbers.

Cauliflower

to 25cm apart.

become ready

ucumbers.

position

position.

under cloches.



Week 1 Sow late varieties of sprouting Broccoli in a seed bed.

Week 1 Plant out Summer Cabbage indoor grown plants.

Week 1 Plant out Celery. Week 1 Sow ridge Cucumber seeds under

Week 1 Sow curly Kale in pots or seed bed. | Week 3 Sow Autumn Cauliflower seeds

Week 1 Sow Runner Beans in pots indoors. in pots. Week 1 Sow Runner Beans under cloches. Week 1 Begin to harden off Tomatoes.

Week 1 - 2 Sow maincrop Carrot seeds. Week 1 - 2 Transplant container grown Leek | Cucumber plants. seedlings to final position.

Week 2 Plant out Beetroot seedlings sown

in pots indoors. Week 2 Sow French Beans outside.

Week 2 Harden off French Bean seedlings. Week 2 Erect support for Jerusalem

Artichoke. indoors. Week 2 Thin Leek seedlings from seeds

sown outdoors. Week 2 Plant out Onion seedlings. Week 4 Plant out your Courgettes.

Week 2 Feed Potatoes with nitrogen every Week 4 Plant Leek seedlings outside. Week 4 Water Onions in dry conditions. two weeks.

Week 2 Apply mulch to Rhubarb. Week 2 Harden off Squash & Pumpkins. Week 2 Apply mulch around Strawberries.

Week 3 Thin out Beetroot seedlings.

Week 3 Transplant your Brussels Sprouts.

Week 3 Harvest Spring Cabbage.

Week 3 Harden off indoor grown Courgette

Week 3 Harden off indoor grown ridge Week 3 Plant out French Bean seedlings

sown in pots indoors. Week 3 Harden Runner Bean seedlings.

Week 3 Sow Swede seeds outdoors. Week 3 Plant out seedlings from indoor grown Sweetcorn.

Week 3 Put Sweet Potato slips in pots

Week 3 Thin out Swiss Chard seedlings.

JULY

Week 1 Plant early variations of sprouting Broccoli in their plant final position.

Week 1 Sow Kale (rape) sow in final position. Week 1 Harvest some Shallot for

immediate use. Week 1 Stop watering your Shallots. Week 1 Begin to harvest Swiss Chard.

Week 2 Plant early varieties of sprouting Broccoli from seed bed to final position. Week 2 Plant late varieties of sprouting Broccoli from cover to final position.

Week 2 Begin to harvest your Courgettes. Week 2 Plant Potato sets for an Autumn harvest.

Week 3 Plant late varieties of sprouting Broccoli from seed bed to final position. Week 3 Begin to havest ridge Cucumber. Week 2 Move Sweet Pepper to final position. Week 3 Cut stems of Jerusalem Artichoke

Week 2 Plant Sweet Potato outdoors in final to 1.5m high. Week 3 Harvest Mustard seeds. Week 3 Stop watering your Onions.

Week 3 Harvest maincrop Peas/Mangetout Week 3 Harvest & dry out Shallot.

Week 4 Begin to harvest Beetroot. Week 4 Sow Spring Cabbage in to pots or temporary bed. Week 3 Harvest Spring grown Spinach leaves. Week 4 Sow Kohlrabi seeds for an Autumn

Week 4 Begin to harvest your dwarf

French Beans. Week 4 Begin to harvest Sweetcorn.

PLOT ONE

CROP ROTATION

Broad Beans French Beans Runner Beans Peas / mangetout **Sweet Potatoes**

PLOT TWO

Broccoli Sprouting Brussels Sprouts Calabrese Cabbage Spring & Summer Cauliflower Early Summer & Autumn Turnips PLOT THREE

Potatoes **Tomatoes** Sweet Peppers

Beetroot Carrots Salsify Celery Shallot Garlic Leeks Onions Sets

PLOT FOUR

Parsnips Onions Seeds

ANYWHERE/PERMANENT

Asparagus Courgettes Cucumbers Ridge Squashes/Pumpkins Lettuce Radish

JANUARY

AUG SEP OCT NOV DEC

Save inner cardboard tubes from toilet rolls for runner beans etc.

Budget Seeds

Week 2 Shallot - plant sets in 8cm pots in a protected position.

Week 3 Buy or borrow a soil testing kit and add lime if necessary to reduce the soil acidity (for Brussels Sprouts etc).



AUGUST

Week 1 Begin to harvest Garlic. Week 1 Begin to harvest Onions.

Week 2 Begin to harvest Celery. Week 2 Begin to harvest climbing/pole Week 2 Begin to harvest Runner Beans.

Week 3 Harvest Calabrese. Week 3-4 Begin to earth up Leeks.

OCTOBER

Cut down your Asparagus when foliage yellows.

Week 2 Begin to harvest Salsify. Week 2 Harvest Sweet Potato before the frost damages tubers.

Week 3 Begin to harvest your Autumn

Cauliflowers. Week 3 Take Squash & Pumpkins indoors

to cure. Week 3 Sow Broad Beans outside for an early crop.

Week 4 Begin to harvest Kale.

Week 4 Begin to harvest Leek. Week 4 Plant Rhubarb crowns up to end of

Kale

Kohlrabi

Mustard

Swiss Chard

Spinach

Swede

February. Week 4 Harvest Autumn sown Spinach.

FEBRUARY

Week 1 Sow Onion seeds under glass/indoors.

indoors.

Week 1-2 Sow Leeks under glass/indoors.

Week 2 Begin harvest of early varieties of sprouting Broccoli.

Week 3 Chit/sprout seed potatoes. Week 3 Prepare ground for Summer & Autumn Cauliflower.

Week 4 Sow Broad Bean seeds in pots ready for Spring planting. Week 4 Begin harvest of your late varieties

of sprouting Broccoli. Week 4 Sow your Celery seeds indoors. Week 4 Sow Sweet Pepper indoors.

In late February prepapre the ground for

your Asparagus crowns. **SEPTEMBER**

Week 1 Begin to harvest Summer Cabbage

Week 2 Transplant Spring Cabbage. Week 2 Begin to harvest Parsnips.

Week 2 Sow Spinach in Autumn. Week 2 Plant Onion Sets in Autumn.

Week 3 Begin to harvest Swede.

Week 4 Cut stems of Jerusalem Artichoke to 15cm high.

NOVEMBER

Week 1 Begin to harvest Summer Cabbage.

Week 2 Transplant Spring Cabbage. Week 2 Begin to harvest Parsnips.

Week 2 Sow Spinach in Autumn. Week 2 Plant Onion Sets in Autumn.

Week 3 Begin to harvest Swede.

Week 4 Cut stems of Jerusalem Artichoke

MARCH

Week 1 Sow Asparagus seeds inside Week 1 Sow Broad Beans outside in Spring Week 1 Sow early Summer Cauliflower seeds Week 1 Prepare the soil for your Squash

and Pumpkins. Weeks 1 - 2 Sow early varieties of Carrot

seeds cloches. Weeks 1 - 2 Thin out seedlings of Leeks you are growing in containers.

Week 2 Sow early varieties of Brussels Sprouts seeds.

Week 2 Plant your Garlic between late winter/spring. Week 2 Sow early types of Peas and

Mangetout seeds outdoors. Week 2 Time to harvest your Rhubarb. Week 2 Sow Tomato seeds inside.

Week 3 Apply spring fertiliser to Asparagus, with cloche protection. Week 3 Harden off your early Summer Cauliflower.

Week 3 Plant Jerusalem Artichoke tubers. Week 3 Sow Kohlrabi seeds indoors.

Week 3 Start to sow Spring Onion seeds fortnightly.

Week 3 Sow your maincrop Peas and Mangetout seeds outdoors.

Week 3 Sow your Spinach seeds outside.

Week 4 Sow Beetroot seeds under cloches. Week 4 Transplant pot grown Broad Beans plants to open ground.

as they appear. Week 4 Plant out early Summer Cauliflower.

Week 4 Sow Lettuce seeds outside every two weeks. Week 4 Sow your Onion seeds outdoors.

Week 4 Plant out sprouted sets of Potatoes. Week 4 Pot up your Sweet Peppers.



Rhubarb

Sweetcorn

APRIL

Harvest Asparagus when 15cm high.

Week 1 Plant Asparagus Crowns outside. Week 1 Sow mid-to-late varieties of Brussels

Sprouts seeds. Week 1 Sow Summer Cabbage seeds indoors.

Week 1 Sow Kohlrabi seeds outside. Week 1 Sow Mustard seeds outdoors. Week 1 Plant out your Onion sets

Week 1 Protect Onion sets from birds (for 5 weeks). Week 1 Sow Radish seeds under cloches. Week 1 Plant Shallot sets outside 18cm apart.

Week 1 Protect Shallot sets from birds (for 5 weeks). Week 1 Sow Turnip seeds outdoors.

Week 1 Sow Spinach seeds inside. Week 1 Sow Swiss Chard seeds outdoors

Week 1 - 2 Remove cloches from early sown varities of Carrots. Week 1 - 2 Sow early varieties of Carrot

outside. Week 1 - 2 Plant Strawberry plants outside.

Week 2 Sow Beetroot seeds in pots indoors.

Week 2 Sow early varieties of sprouting Broccoli sow under cover Week 2 Sow Leek seeds outside in a

temporary seed bed. Week 2 Sow Salsify seeds outside.

Week 2 Pot up young Tomato plants.

Week 4 Thin your Brussels Sprouts seedlings | Week 2 Sow Squash & Pumpkins indoors.

Week 3 Sow early varieties of sprouting Broccoli in a sow seed bed.

Week 3 Sow Summer Cabbage sow outdoors Week 3 Sow Calabrese / Broccoli seeds outside.

Week 3 Give Summer Cauliflower a weekly feed.

Week 3 Sow Courgette seeds indoors.

Week 3 Sow ridge Cucumber seeds indoors. Week 3 Harden off Kohlrabi seedlings. Week 3 Thin Lettuce seedlings, distance

them by variety. Week 3 Harden off Onion seedlings. Week 3 Sow Radish seeds outside.

a greenhouse. Week 3 Sow Swiss Chard seeds outdoors with no protection.

Week 3 Sow Sweetcorn seeds indoors or in

Week 4 Sow Beetroot seeds outside. Week 4 Sow late varieties of sprouting

Broccoli under cover. Week 4 Sow French Beans under cloches and/or in pots indoors.

Week 4 Plant out Kohlrabi in final position. Week 4 Harden off container grown Leek seedlings.

Week 4 Sow Parsnip seeds outside. Week 4 Plant out Spinach plants outside. Week 4 Thin out previously sown Spinach

seedlings. Week 4 Sow Sweetcorn seeds under cloches. Week 4 Thin Turnip seedlings to 15cm earliest and 25cm maincrops

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